# INTRODUCTION TO BIOLOGICAL ANTHROPOLOGY

Corinne Shear Wood, Ph.D.

McCarthy Hall 177

OFFICE HOURS: ITH 0830-0930; 1150-1220; 1830-1900; and by appointment

The 11:00 sur cless medo.

REDVISED TEXT: Nelson, Marry and Jurmain, Robert. Introduction to Physical Anthropology, 3rd ed., West Publishing Co., 1985.

> oplementary reading assignments and study sheets will be probuted in class. Occasionally, there may be a small licating fee for distributed reprints.

Each exam will contain approximaely 20-30 objective-type questions and a one two-page essay, with a choice of topics offered. The exams will be based primarily on class lectures, reading assignments, and class handouts. Use the extensive Glossary on pages 571-581 of the text, as these will help you on parts of the

Many of the lecture notes are available for your review in the - Lucal Reserve Room of the LSOF library. Your final grade will be determined by the three scheduled examinations, each contributing one-third to the final grade. Attendance at each lecture can make a critical difference.

Make-up exams are possible in extreme cases, but will consist of elaborate, extensive essays only. Projects for extra credit are encouraged and will be discussed in class.

Numerous texts, journals, and articles are available for your use in my office and in the CSUF library. They are strongly recommended as reading assignments.

11:30 Word / 5lc IRW ()

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# SYLLABUS

WEEK	TOPIC	READINGS
1 SEPT.	Overview of Biological Anthropology Fitting into the big picture Developing an evolutionary perspective	Nelson, Chs. 1-3
8 SEPT.	Evolution in Anthropological perspective; The fossil record, techniques of fossil dating, limitations, and pitfalls: taxonomic considerations	Nelson, Chs. 8: pp. 374-378; 561-569
15 SEPT.	Mechanisms of evolution, DNA, chromosome analysis- techniques and interpretations: contributions of Darwin, Wallace, and Mendel	Nelson, Ch. 4
22 SEPT.	The primate order: Primate evolution, the living primates, relationship to human evolution, implications for modern Homo sapiens, relics of a related past.	Nelson, Ch. 11
29 SEPT.	The primate order (continued): Modern primates, behavior and life style, reproductive strategies	Helson, Chs. 9, 10
6 OCT.	EXAM #1 - BRING A PENI	
	Early Hominids: What is human? (Not so easy to define) Ramapiths: Hominid? Hominoid? Meither?	Nelson, Chs. 12, 13
13 QCT.	Early Hominids (continued): Australopithecines, sources of heated controversy. What are the issues? How do recent finds clarify as well as confuse the problems? What have we learned in the 50 years since the Taungs discovery? (see display case opposite McCarthy 177) Lab demonstraton: Osteological variations	Nelson, Chs. 14, 15
20 OCT.	Early Hominids and humans: Homo eractus, Neanderthal. Where do they fit into our human heritage? How much of popular concepts are acceptable? How many are barely compatible with the fossil record? Lab demonstration: Osteological variations	Nelson, Chs. 16, 17
27 OCT.	Early humans (continued) CroMagnon: Hunters and gathers under the best of conditions. Evolutionary consequences of the hunting-gathering way of life: To what is modern Homo sapiens really adapted? Emergence of agriculture, consequences for human evolution, end of prehistory	Helson, pp. 547-551
3 NOV.	EXAM #2	
	Human adaptation and variation, climate, and altitude demands, adaptive characteristics, geographical patterns	Nelson, Ch. 6

Organizing the facts of human variation and diversity, human intelligence, misuse of the L.Q. tests, interactions of nutrition, and human development. What does 'lactose intolerance' mean? What are the implications?

17 MOV. Modern human populations: Micro-evolution, blood groups and hemoglobin variations, interactions with human diseases, relationship between malaria and sickle cell ahemia

24 MOV. Modern human populations (continued): Human skin pigmentation, interactions, between climate, environment, nutrition, and genetics; dermatoglyphics - a close-up view of one human variation with laboratory demonstration

1 DEC. Human health and disease: Interactions between culture, human reproduction, and social factors, Laboratory demonstration of family planning devices

8 DEC. CATCH-UP AND REVIEW

15 DEC. FINAL EXAM - SEE CLASS SCHEDULE BOOKLET, ALSO CLASS ANNOUNCEMENT

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# University of Colorado Scientists Study Effects of Altitude Upon Humans and Animals

# Rocky Mountain High Creates Special Problems

By JENNIFER PARMELEE, Associated Press

LEADVILLE, Colo. - Up here, in the nation's highest incorporated city, cakes rise startlingly fast, chickens have trouble laying eggs and cars often sputter to a halt in the clean but thin air.

Humans, too, are affected by the altitude. Visitors to this town at 10.500 feet find themselves breathing faster-and thinking slower.

For the same reason—the fact that the flow of oxygen to the brain decreases at higher altitudes—one or two stiff drinks at these heights can put a newcomer under the table.

"The adage is that a three-martini person at sea level is a twomartini person in Denver (one mile high) and a one-martini person at Leadville," said Dr. Robert Grover, who has studied the effect of altitude on humans for years at the University of Colorado Health Sciences in Denver.

# Beyond the Obvious

Any experienced skier or mountain climber can describe the difficulties of working or thinking where the mountains soar to meet the sky. But researchers like Grover have gone beyond the obvious.

One recent CU study here, for instance, indicated that women living in Leadville would be likely to deliver a baby about a pound lighter than his sea-level counterpart.

There are unexpected benefits too.

Although performing any sort of work up here is more exhausting because there is less oxygen to breathe, initially working the heart more, studies show that living in mountain towns actually decreases the likelihood of heart attacks.

The CU cardiopulmonary laboratory has become the unofficial brain center for high-altitude research, attracting specialists in the field from all over the world.

## Easily Accessible

This is hardly surprising: More than half of Colorado lies above a mile high and "natural laboratories" like Leadville are easily accessible.

Researchers have studied everything from the relatively simple "mountain sickness" to more complex afflictions such as pulmonary edema to still mysterious phenomena such as the "natural high."

"I used to climb 14.000-foot peaks quite often." Grover said. "Frequently, something would set you off, making you uproariously happy and subject to inappropriate behavior, the natural high as it

"I've got some pictures of people just roaring with laughter," he adds. "It's very much like being slightly drunk."

People react to altitude in differ-

ent ways.

"Millions of people come to Colorado each year from sea level and perform strenuous exercise such as skiing and hiking," says CU researcher Jack Reeves. "Very few of them develop serious complications like pulmonary edema (a potentially lethal disease that fills the lungs with fluid)."

About half of all people traveling to 7,000 feet from sea level will experience vague discomfort such as lightheadedness, nausea and insomnia, he says.

A climber at 14,000 feet will experience some form of mountain sickness in about nine cases out of 10. Reeves adds. with severe symptoms such as hemorrhaging from the eyes and fainting spells becoming more common.

Turn-of-the-century scientist J.S. Haldane, quoted in the book "Going High" by altitude specialist Dr. Charles Houston, described a visit to Colorado's 14,100-foot Pikes Peak:

"The walkers straggled in one by one looking blue, cold, exhausted and miserable, often hurrying out again to yomit. Some lay on the floor blue and faint. Others were able to swallow some coffee, but very few had the heart to look at the magnificent sunrise. the magnificent sunrise.

A person's capacity to work

feet up, scientists say, which means 29,000-foot Mt. Everest carrying

at 16,000 feet, a visitor can do about half the work he could at sea level.

In addition, as oxygen decreases: to the brain, thought and judgment become impaired.

"Altitude saps the strength and will, but even worse—it weakens our most important mental functions." Houston wrote.

One Leadville accountant said he has to go down to Denver to balance his books. A British businessman who lived in La Paz. Bolivia, would call a cab and 15 minutes later, when the cabbie arrived and said, "Where to?" he frequently couldn't remember.

U.S. Army tests found troops practicing atop 14,000-foot mountains were short on teamwork and long on mistakes.

# 'Roof of the World'

Yet in Nepal, "roof of the world," populated valleys are higher than the mountains of most other countries, with an average elevation of 16.000 feet.

One key is adaptation, although even that has its limits. Houston said there are no known permanently inhabited villages in this world above 17,500 feet.

The famed Sherpa guides of the Himalayas are a striking example of how man adapts to altitude. Grover described watching young declines about 3% for every 1,000 Sherpas climb approaches, to

huge loads on their backs, "singing" and whistling as if there were nothing there.'

Another example of high-altitude training is the Leadville high school cross-country team. which has won the state title nine times in the past 12 years.

#### More Red Cells

One reason for this is the body eventually adapts to altitude by producing more red blood cells, translating into a greater capacity to carry oxygen, important for endurance sports.

This rich blood is great for blood banks. But its consistency, likened to "frozen malt" by one doctor, can slow the transport of oxygen, prompting headaches, shortness of breath and grogginess. Many Leadville residents, mostly middle-age men, suffer from this chronic mountain sickness and must get their blood "thinned" regularly.

Women in Leadville are not. stricken with chronic mountain sickness as often. But their offspring average about a pound? lighter than sea-level babies. It is not yet known whether they grow up to be smaller adults.

CU's Dr. Lorna Moore said studies in Leadville. and more recently in 14,200-foot Cerre de Pasco, Peru, had similar findings: Pregnant mothers who responded to altitude

by breathing less frequently were apt to have smaller babies than those who breathed more, getting more oxygen to the fetus.

This is critical, she said, because the smaller the baby, the smaller its chances for survival. In Cerre de Pasco, the average infant weighs in at 6 pounds, only a half-pound over what is considered a "high-risk" baby, she said.

This phenomenon is echoed in the animal world. Robert Moreng, an animal science professor at? Colorado State, said hens have a hard time breathing at a high altitude, reducing their ability to lay an egg that will hatch. Above 10,000 feet, he said, it's virtually impossible for a fowl egg to hatch.

The good news about altitude, medically speaking, is its apparently positive effect on heart troubles.

After a few weeks at altitude. the amount of blood pumped by the heart is cut by up to 20%/while the number of blood vessels increases. This relieves stress on the heart, "which may be how altitude protects people from heart attacks,". Grover said.

Just as people and animals are affected by altitude, so are machines. A mechanic at Coldfoot Car Repairs in Leadville said a car tuned at sea level will lose 75% of its power at 10,500 feet. And: "No matter how you tune it up here, it's. never going to reach 100%."

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ANTH101 - PHYSICAL ANTH

11/18

-- I.Q testing discussed last week.

Intelligence/learning capacity --- nutrition related. %85 brain cells laid down during the last trimester of gistation and first year of life - heavily influenced by nutrition.

## Hunger:

receptors in the stomache and activity of the hypothalimus (brain stem) - sensativity to gluocose levels - true to all mammals (eg., humans). But the ways or patterns of eating is culturally determined. Eg., hunter/gatherer cultures eat when they've gotten a kill (undetermined period), eat (nibble) during food preparation. An all day affair. 3 square meals a day is an idea of the industrial revolution - factory worker away from the home.

Many culutres have taboos toward what one should/shouldn't eat. Eg., Male/female foods, "real men don't eat quiche." --- many societies men and women don't eat together; human history = search for food; vs. wather (storms, drought, etc.) social upheaval (wars, etc.) --- results in famines, technical term; Marasmus - lack of nutrients.

REsistence to diseases lessend with extreme famine - flu becomes a killer. famine --- human reaction - move (migration). Search for food and political struggles and migration. 1 every 10 years (famines) prior to revolution in Russia; "Bread & Land" slogan of the revolution. In Industrialized countries famine is rare (except in war---- WWII - Holland surrounded by Nazis and people starved to death). Industrial countries not much starvation but malnutrition. Poor eating.

Changes are generated for these reasons: social, political, economic. Eg., South African Bantu tribe; before colonialism were a cattle-people - milk and milk-products - work tool (for havesting corn, etc.) - ritual feasts (lots of meat); Europeans took lands - Bantu converted to share-croppers - i.e., growing what sells but not necessarily what they can live on; Brittish solution -- become sheep herders. Sheep rape the land (eat grass down to the roots vs. cattle who are blade nibblers) --- land/people convert to cash crop economy - import food stuffs - loss of self-sufficiency grow crops for cash (export) import food, canned foods, soft drinks, liquor, cigerettes, ugl MAINUTRITION . . . . for 2 surviving children to reach adulthood, 8 children have to be born. Trouble was that the solution was social-political-economic but not nutritional.

Kwashiorkor - lack of protein (Ghana - "2nd child disease"), when mother has a second child and must wean the first child from her breast the first child's diet which was high in protein (mother's milk) is substituted for mashed foods (sweet potatoes, etc.) no protein sources, protein difficiency. Cultural/religious food regulation - what infants /pregnant women may eat . . . more taboos ("meat is not appropriate for women to eat." Distribution of food is the culprit for poor heath in various "plentiful" regions (eg., the Philipeans). Changes in society re: nutrition and diet --- eg., Japan after WWII - 98% pop with refrig - milk and milk products now a prominent part of diet - spurt of growth among the Japanese - elementary school desks removed twice; official door hieght raised 1 inch.

#### **VITAMINS**

A --- retinal - eyes - occures in all colored vegs and fruits (oranges, carrots sweet potatoes, squash, egg yolk) suppliments in milk products - fat soluable (can be stored in fat supplies) therefore can be toxic if over used. without A - lst sym., eyes wouldn't adjust to differences of light - can't see in twilight ---- eventually resulting in blindness.

# B - COMPLEX

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Thiamine - husks in grains (eg., rice) which is lost in over produced "white rice". In Industrial nations it's supplimented in most foods. without results in Beriberi ("I can't") - damages nerve endings - connections loss of use of hands and feet, eventually resulting in death.

Niacine - corn (corn-meal) present but not readily accessiable to the body. Southern diet --- the 3 M's - meal (corn meal), molassis, and meat. without results in Pallegra; Italian for "sour skin" - chard looking skin. The 4 D's: dermititis, diarrhea, dementia, death. 6,000 died a year prior to 1930's; but not as many in the black community because they would eat the pot liquor of the corn meal and the white community wouldn't - something in the pot liquor made the niacine in the corn meal accessible to the body. Same is true with the Indian diet of Maise - corn used in tortillas - soaked kernals in a calcium carbinate to soften them before pounding it into a powder - released niacine to be used by the body (the calcium carbinate solution).

C - Ascorbic Acid - widely distributed (oranged, every green veg., even tim/ some present in french fries!!!). Water soluable; few month supply the liver - only not \*\*Mailba/\* available in very strict (restricted) diets), eg., water and crackers. Without - scurvy --- loss of teeth, hemoraging, nerve damage, blood clotting, colligen of the \*\*Mailba/\* teeth; Brittish doctor, Linn - before the battle of Waterloo - divided the Navy up to determine what caused scurvy --- those that had access to lemons (called Limes by the brits) was the key - 1/4 a lemon (lime) a day. Too much tough on kidneys.

Controversy over megadoses - theory re: human evolution; once  $\sharp I \not\in$  self produced natural vitamin C, thus less colds and sickness; so more megadoses of C will greatly reduce sickness. But the more taken the more the kidneys have to work. No agreement.

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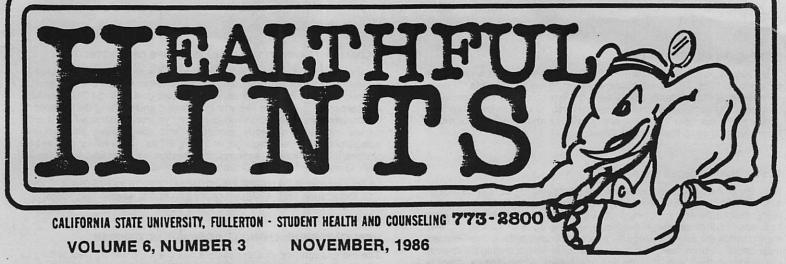
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#### STUDENT HEALTH & COUNSELING CENTER HOURS:

Monday-Thursday	7:30 a.m4:30 p.m.
Urgent Care	11:30 a.m1:00 p.m.
Friday	7:30 a.m11:30 a.m.

Come to WALK-IN CLINIC or make an appointment for **your** health care. Services at the Health Center are basically free. Why not take advantage of this service provided for your convenience? You can't beat the cost!

#### FREE MEASLE/RUBELLA IMMUNIZATION

Monday thru Friday. All students are **urged** to get their vaccination. This service is free and only takes a few minutes.

#### **TUBERCULIN TESTING (TB)**

Available Monday thru Wednesday, no appointment needed. Call for more information, or come to the Health Center.

#### CPR CLASS WILL BE HELD IN THE HEALTH CENTER CONFERENCE ROOM 206

Friday, Nov. 21 from 8:00 a.m. to 12:00 noon. Advanced registration is required at the Reception Desk. This is a four-hour certification or recertification course. This is a free service.

#### BIRTH CONTROL CLINIC-STUDENT HEALTH CENTER

Any student wanting to use the Birth Control Clinic are strongly encouraged to attend a 45-minute orientation. The session includes a film and discussion on various birth control methods and sexually transmitted diseases. Health Conference Room 206.

TUESDAY

NOV. 18

1-2 p.m.

#### **HEALTH PROMOTIONAL LECTURE SERIES—WEDNESDAYS**

Sponsored by Student Health Center and The Women's Center, 12 noon to 1:00 p.m., MH-33 (McCarthy Hall)

#### CONTRACEPTION AND UPDATE ON CHLAMYDIA—NOVEMBER 12th

Mary Morahan-Naples, M.S.W., Birth Control Counselor, SHCC. What is contraception? It's a choice instead of chance and you have a choice. There are many safe, practical and effective methods of contraception available. Chlamydia is a sexually transmitted disease and is on the rise. Awareness and effective therapeutic regimens will help to control the increase in this disease.

\*\*\*\*\*\*

# DO'S AND DON'TS ABOUT SKIN CARE—NOVEMBER 19th

Frances Segal, M.D., Dermatologist, SHCC. Routine health skin care dealing with cosmetics, sunscreens, blemishes and wrinkles. What about products that promise to "freshen" your skin, shrink your pores, and turn your complexion plump and rosy?

We would like to welcome Dr. Segal, our new consulting dermatologist, to CSUF and the Student Health and Counseling Center.

#### WHAT'S NEW ON THE GRAPEVINE?

Gossip, why do we do it? One way to understand why people gossip is to look at the feelings that result from gossiping. Gossip involves the sharing of information between people. We feel closer, more intimate, with the person who is sharing "privileged" information with us. Gossipers often feel an increased sense of self-esteem and self-importance. They feel superior to the person they are gossiping about as they secretly pass judgment on that person's behavior and character. Having information others do not makes one feel powerful, as does deciding with whom to share the knowledge.

Who is "in" and who is "out" can be determined, in part, by who knows what about whom. A person may also feel vindicated by gossiping about someone who has hurt him or her in the past. Gossip continues because it meets people's needs for self-esteem, intimacy, group membership, and maintaining group norms. Unfortunately, malicious gossip leaves the gossiper feeling guilty and the person being talked about feeling hurt and angry. The next time you are tempted to gossip, ask yourself what your own need is to participate in gossip and how you'd feel about being on the receiving end. Being known as a person who doesn't gossip may cut you out of the grapevine, but it will also earn you the trust and respect of others.

(WELL, WELL, WELL, Student Health Service of The Claremont Colleges, December, 1985)

#### ARE YOU EXPERIENCING THE WINTER BLAHS?

In 1984 a new syndrome was identified by psychiatric researchers at the National Institute of Mental Health (NIMH). Its victims, called "winter depressives," gain weight, lose their libido, need more and more sleep, find it harder to get to work and finally become depressed and withdrawn during the winter months. While typically depressed people usually wake up early, winter depressives often sleep nine to ten hours a night, wake up tired, take naps and have a 50% reduction in delta sleep. NIMH studies point to sunlight (or the lack of it) as the culprit. (There are actually six fewer hours of sunlight on December 21st compared to June 21st.) Winter depressives who were subjected to artificial light 20 times more intense than normal indoor lighting experienced measurable mood changes. Intense lighting to replace the lack of winter sunlight seems to ease the symptoms, says MD magazine.

(AMERICAN FAMILY PRACTICE, April, 1984)

# DRINKING DAILY GLASSES OF MILK MAY PROTECT AGAINST COLORECTAL CANCER

Not an apple a day, but two or three glasses of milk a day may provide protection against the development of colorectal cancer. According to a study done by Dr. Cedric Garland, of UC San Diego, persons diagnosed with colorectal cancer had a low intake of calcium and vitamin D. These persons had nearly three times the colorectal cancer risk than those who drank two glasses a day. The study doesn't prove that dietary calcium and vitamin D may help prevent colorectal cancer, but it does help establish an association between calcium/vitamin D and colorectal cancer, according to the researcher. Although the preventive effect has yet to be proved, Dr. Garland suggest drinking two to three glasses a day of nonfat, vitamin D. fortified milk as a safe intervention against colorectal cancer. However, he warns against taking vitamin D supplements, as large doses can be toxic.

(FACT PAK FOR PHARMACIST, June, 1985)

#### **INTER-CAMPUS HEALTH CARE**

The Trustee policy on Student Health Services approved a change in September, 1984. The revised policy states: "Students eligible for basic services at one CSU campus shall be eligible for basic services provided by other CSU campuses at no additional cost." So, if you are in another part of the state, near a CS University campus and have need of health care, you may go to their Health Center.

#### **TESTICULAR CANCER SELF-TEST**

Only 6% of men regularly examine their testicles for cancer (although 33% of women examine their breasts), according to a study at Loyola Marymount University in Los Angeles. Testicular cancer is the most common form of cancer in men between the ages of 18 and 31. Men should follow the self-test procedure recommended by Dr. John Goldernring: Once a month, feel the surface of each testicle. It should be smooth, like a hard-boiled egg. If there are any lumps, irregularities, pain, or swelling, immediately consult a physician. This type of cancer is almost 100% curable if detected and treated early.

(FACT PAK FOR THE PHARMACIST, June, 1985)

#### LIVING TOGETHER: SEXUAL PLEASURES AND PROBLEMS

Unmarried couples who "live together" generally have sexual relations more frequently than do married couples of the same age, and the "cohabitants" are usually more concerned about sexually pleasing each other. However, according to Dr. Pietropinto, sexual dissatisfaction is the leading cause of cohabitant breakups. Notably, the research has shown that living together provides no subsequent benefits in marital sexual satisfaction, openness of communication, emotional closeness, relationship stability, or reduced likelihood of divorce.

(A. Pietropinto, MEDICAL ASPECTS OF HUMAN SEXUALITY, August, 1986 & MEDICAL ABSTRACTS, September, 1986)

#### **CRACK: NEW COCAINE PRODUCT WITH INCREASED HAZARDS**

Crack is a new, potent form of cocaine that looks like tiny rocks, which users smoke in a glass water pipe. Smoking crack produces more immediate and direct absorption of the drug than does snorting (inhaling) of cocaine powder. The result is a quicker and more intense euphoria which greatly increases the potential for addiction, and for serious toxic reactions such as brain seizures, disruptions of normal heart rhythm, respiratory paralysis, and paranoid psychosis. In this survey of callers to the national "COCAINE HOTLINE" 78% of crack users reported developing compulsive use and serious drug-related problems within just two months after first trying crack.

(A.M. Washton & M.S. Gold in JOURNAL OF AMERICAN MEDICAL ASSN., August, 1986 & MEDICAL ABSTRACTS, September, 1986)

#### COUGH DROP SQUARES: KIDS THINK THEY'RE CANDY

The active cough-supressing ingredient in Mediquell squares is dextromethorphan, a drug that is usually safe for children. However, the cough squares come in 12- and 24-piece packages which resemble chewing gum. That makes the drug "attractive" to children and increases its potential for overdosages. Drs. Katona and Wason reported a boy who "shared" 18 Mediquell squares with another child. Emergency treatment with drug antidotes was needed to rouse him from a sleep-like state. Cough squares and all other drugs should always be kept out of kids' reach.

(B. Katona & S. Wason, NEW ENGLAND JOURNAL OF MEDICINE, April, 1986 & MEDICAL ABSTRACTS, September, 1986)

#### ALCOHOLISM: WHY THE ELDERLY TURN TO DRINK

Some elderly people who have no prior history of drinking problems turn to alcohol to numb the distress of old-age loneliness and illness. Most people won't admit to excess drinking, but the possibility of alcohol abuse should be considered in an older person who has an unexplained series of falls, fractures, or other physical injuries.

(C. Gulino & M. Kadin, GERIATRIC NURSING, May/June, 1986)

#### SEXUALLY TRANSMITTED DISEASES: TIPS ON PROTECTION

Concern about "safe sex" is growing as the world faces an upsurge in gonorrhea, nongonococcal urethritis, pelvic inflammatory disease, genital herpes, AIDS, and other sexually transmitted diseases (STDs). Avoiding sexual parnters who are likely to be infected and limiting the number of sexual partners is one good way to protect yourself against STDs. If used consistently and correctly, condoms and spermicides also prevent acquisition and transmission of many STDs (as well as preventing pregnancy). However, washing the genitals or urinating after sexual exposure doesn't offer STD protection, the authors say.

(K.M. Stone et al., AMERICAN JOURNAL OF OBSTETRICS & GYNE-COLOGY, July, 1986 & MEDICAL ABSTRACTS, September, 1986)

#### **HEALTH TRENDS: LIVING LONGER BUT NOT SICKER**

The life expectancy of older people has been increasing. According to this study, those extra years of life won't necessarily be extra years spent in poor health. When health information collected from thousands of elderly people in the 1963-64 national census was compared with data from 1980-81, the authors, found a consistent and substantial trend toward health improvement in the aged during this time period. The same factors which increased life expectancy (improved sanitation, inoculations, better nutrition, healthier lifestyles, and better medical care) also appear to have improved health and lessened disability for the average older person.

(E.B. Palmer, GERONTOLOGIST, June, 1986)

#### BREAKFAST CEREALS: WATCH FOR HIGH SALT CONTENT

Many popular cereals contain more salt per ounce than salty snack foods. Total Flakes & Kellogg's Corn Flakes, for example, each contain 280 milligrams of sodium per ounce. Kix has 315 mg/oz; Cheerios, 330 mg/oz; and Wheaties 370 mg/oz. In comparison, Wise Potato Chips contain 190 mg/oz; Fritos Corn Chips, 220 mg/oz; and Bachman Twists pretzels, 410 mg/oz.

(S.W. Luger and E. McCormich, NEW ENGLAND JOURNAL OF MEDI-CINE, April 1986 & MEDICAL ABSTRACTS NEWSLETTER, August, 1986)

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#### THIS IS FLU SEASON

"Most healthy adults under 65 don't need flu shots. But older people and many individuals with chronic diseases (such as diabetes or heart, lung, or kidney disease) are usually advised to protect themselves with an annual flu thot.

Each year a new vaccine must be manufactured to head off the influenza strains thought likely to cause illness during the flu season. This is because the virus has the unique and unpleasant habit of "drifting" from year to year - altering its genetic make-up just enough to evade the immunity produced by last year's vaccine—an immunity that is short-lived anyway.

This year a problem has arisen, and some people may find they need not one but two flu shots. According to the Centers for Disease Control (CDC) in Atlanta, a new strain of flu, Taiwan flu, has just appeared in Southeast Asia. It is significantly different from the strains of flu covered in this year's vaccine. This is called the Taiwan flu and one characteristic is that it tends to attack people under the age of 35. For this reason, the CDC advises that chronically ill people under 35 who normally get a flu shot should receive this winter's standard flu vaccine as well as a supplement for the Taiwan strain." Those individuals 55 and older or with one of the chronic illnesses, may receive their immunization at the Public Health Department of Orange. Any other person who should receive the regular flu shot may also benefit from the supplement and should see their own doctor.

(University of California, Berkeley Wellness Letter, November, 1986)

Compiled by Dolores DelComa, M.A. Health Educator, Student Health & Counseling Center.

#### VITAMINS: NUTRIENTS OR DRUGS?

Americans are on a vitamin binge! We spend over \$1.2 billion a year for vitamins and the amount is growing about 10% annually. Yet many nutrition and medical authorities say that vitamin supplements are unnecessary except in special cases.

"Super nutrition" appears to be the goal of some vitamin fans, while others have the idea that vitamins have magical powers to cure what ails them or keep them healthy. Still others use vitamins because they're afraid their snack food, fast food, fabricated food diets are deficient in these essential nutrients.

Vitamins are substances which our bodies need in minute amounts, primarily to regulate body processes. They occur naturally in foods in varying amounts along with the other essential nutrients -- proteins, fats, carbohydrates and minerals.

Because vitamins work in partnership with each other and with other nutrients in performing their functions in the body, the best way for us to get them in proper balance is to eat a wide variety of foods. Good sources of vitamins include fruits and vegetables, whole grain and enriched breads and cereals, milk and cheese, and protein foods such as meat, poultry, eggs, fish, dry beans and peas, nuts and seeds.

Some people may not be able to get all the vitamins they need from food. They may have increased needs because they're pregnant or lactating or recovering from a serious injury or surgery. Or their digestive systems may be malfunctioning due to a genetic defect, disease, drug treatment, or alcohol abuse. Their food intake may be inadequate because of a restrictive diet, poor appetite, fussy eating habits.

In such instances, physicians may prescribe vitamins and/or minerals to supplement the nutrients a person gets from food. But the major use of vitamins by Americans is on a self-prescription basis. At least a third of all adults now buy vitamins over the counter for one reason or another.

# HOW TO SAVE MONEY ON VITAMINS

About \$1 billion of the vitamins sold directly to consumers are synthetic -- that is, chemically formulated. The remainder are so-called "natural vitamins" -- extracted from foods -- that often sell for double the price of the synthetic vitamins.

Every synthetic vitamin -- by law -- must have exactly the same chemical formula as its natural counterpart, and our bodies use either kind equally well. In spite of this many pilltakers insist that "natural" is better and are willing to pay the premium price. Ofter a product with a natural sounding name consists mainly of synthetic vitamin with only a small amount of the more costly natural vitamin. Labels tell you the ingredients of these products.

Competition amoung the sellers of vitamins is intense and many use major advertising campaigns to convince consumers that their products are superior -- and therefore worth a higher price. But are the differences real? It's unlikely because 60 to 70% of the vitamins sold in the U.S. are manufactured by one company (Hoffman-LaRoche, a Swiss-controlled pharmaceutical firm).

Altogether, in the entire free world there are fewer than 30 producers of vitamins. No one company makes every vitamin, and each of the major vitamins is made

by only a few companies. Bulk vitamins are purchased from manufacturers and packaged for consumer consumption under many labels.

What use is this information to consumers? It tells you that the only real difference between one brand of vitamin and another is the size of the dose and that you can save money by buying the least expensive vitamin having the dose you want.

The safest dose of a vitamin is one which is close to or less than the Recommended Daily Allowance (RDA) of the Food and Nutrition Board of the National Research Council for your age group.

# VITAMINS AS DRUGS

Sometimes vitamins are prescribed -- or more likely used without perscription -- in very large or "mega" doses to treat or prevent an ailment. For example, some people take vitamin C in doses 50 to 100 times larger than the RDA in hopes of preventing colds.

When used in megadoses, a vitamin supplement is not serving a nutrient purpose but instead is being used as a drug. Most drug uses of megadoses of vitamins are not based on accepted, well-documented scientific evidence. More often, their use has been promoted by a few self-proclaimed experts with a book or product to sell.

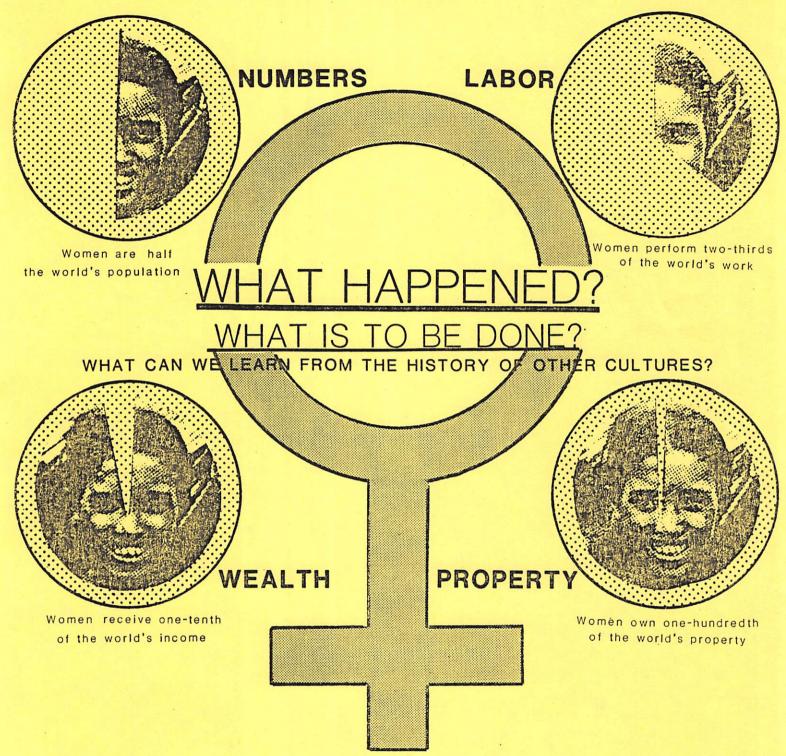
Health professionals are seriously concerned about the escalating nonprescription use of megadoses of vitamins because of their potential toxic effects. Because of this, the Food and Drug Administration (FDA) appointed an advisory panel of experts to investigate and make recommendations.

From the recommendations of these experts, FDA has proposed a rule which would place limitations on nonprescription, over-the-counter sales of vitamins and also minerals. FDA is inviting public comment on the proposal. Send comments to Hearing Clerk, Food and Drug Administration, Room 4-65, 5600 Fishers Lane, Rockville, MD. 20857 by June 19, 1979.

This article published by the Cooperative Extension Division of the U.S. Department of Agriculture.

SHCS 0180001

# ANTHROPOLOGY 432



# WOMEN IN CROSS-CULTURAL PERSPECTIVE

ANTHROPOLOGY DEPARTMENT-CALIFORNIA STATE UNIVERSITY, FULLERTON

Anthropology 423 Spring Semester, 1987 Tuesday 7:00 - 9:45 pm

# Anthropology 101 - INTRODUCTION TO BIOLOGICAL ANTHROPOLOGY - NAME OF BUSTILLOS Exam 2 A Fall 1986

1. Match the best fitting word or phrase in each column. Three points each You may use one answer more than once.

M W. Earliest australopithecine site

H & Baymond Dart

4. Mousterian tool kit

Hominids of Choukoutein

C W. Discovered "Java Man"

6 8. Alduvai Gorge

KEV. Epoch of the Ice Ares

V e Left cave paintings and "Venus" figurines

9. Bow and Arrow

10. Sluteus maximus

D VI. Discovered "Lucv"

A. Homo erectus & Neanderthal K. Eugene Dubois

2. Donald Johanson E. William Lovejoy

F. Mousterian humans . K. Mary and Louis Leakey

M. Taungs baby I - Miocene Epoch

J: Paleocene "

K. Pleistocene "

L. Jane Goodall M. Afar triangle

N. Himalya foothills

O: Swanscombe and Stenheim

P. Richard Leakey

Q. Diane Fosey R. Homo habilis

8. distinctly human muscle

T. opening at base of skull

V. Fertile Chasca of

# II. Circle letter before one best answer. Three points each.

1. The first hominids known to practice deliberate burial of their dead:

a. Ramapithecus

b. Australepithecus

d Neanderthal

e. Mousterian

2. The "Grand Canyon of Evolution" refers to: ..

3. Oldavai Gorge

b. the Fertile Crescent

c. Bering Straits

d. sites of the Egyptian pyramids

e. none of the above

3. The first haminids to leave evidence of the deliberate use of fire:

a. Ramapithecus

b. Australopithecus africanus c. Australopithecus robustus

Homo erectus

e. Homo neanderthalensis

Page 2 4. Fossilized remains of Homo erectus hominids have been found in: a. Europe b. Asia c. Africa (d) all of the above e. none of the above 5. Because of the volcanic activity that had preceded the emergence of the australopithecines, the most suitable technique for dating their fossil finds is: a. Carbon 14 (b) Potassium-Argon c. Dendrochronology d. Stratigraphy e. all of the above 6. The first hominids who left evidence of adaptation to extremes of cold climate: a Neanderthals D. Australopithecines C CroMagnon d. Homo habilis 7. In 1912 a skull was found in England which was heralded as the "missing link". Within the next few decades, it was definitely proven to be a fraud. Name..... a. Laguna woman b. Swant combe man c. CroMagnon adolescent (d) Piltdown man e. none of the above 8. The type of locomotion associated with all australopithecine finds: a. Brachiation

Bipedal locomotion c. Quadrupedal locomotion d. Knuckle walking 9. The forward jutting of the lower portion of the face, typical of pongids but quite reduced in hominids and modern humans, is called: (a)prognatism b. diastema c, foramen magnum d. gluteus maximus 10. The archeological record of human occupation of the New World does not clearly begin until approximately: a 115,000 years ago 25 - 30,000 years ago (C) 10 - 12,000 years ago d. 2.4 - 3.2 million years ago 11. The gap in the jaw, permitting mouths with protruding canines to shut comfortably, distinctive of pengids, rarely seen in hominids or modern humans: a. ischial callosities b. trapezius zygomatic arch d diastema

e.pubic symphases

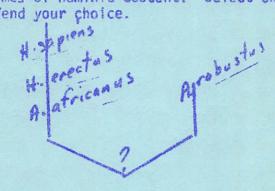
12. Evidence pointing to the invention of the bow and arrow is found is association with archeological remains approximately years old. a 16,000 b. 115,000 €.) 48,500 d. 1.25 million 13. Which of the following is most likely the oldest species among the Australopithecus finds? Australopithecus afarensis robustus gracile d. Homo habilis e. none of the above 14 The feature of the human skull sketched below and labelled "1" is called ... a) supraorbital torus b. maxilla c. zygomatic arch d. foramen magnum e. mandible 15. The feature labelled "2" is called: a. supraorbjtal torus b. maxilla & zygomatic arch foramen magnum e. mandible III.. List three traits, apparent in the fossil record, that differentiate hominids and pongids. Six points possible. Hominid traits Pongid traits

- IV. Use any of the statements that follow for development into a reasoned essay. Use the attached, lined paper and a pen. Factual data carry the most strength. 16 points possible.
- 1. Compare any two of the hominids we have studied. Consider the style of life available for them, the environment in watch they lived, evidence of any cultural adaptations, possible diet, time of existence, physical characteristics, their discoverers and any other factors you may consider important or interesting, or both.

2. Below are several schemes of hominid descent. Select one, or provide Mosse habilis M. robustus

Australo, Paforensis one of your own and defend your choice.

Homo sapiens Homo erectus Australopitheous



- Discuss the major differences between hominids and pongids in the following characteristics: dentition, locomotion, reproduction, sexuality, brain size and configurations, life style, etc.
  - 4. What major differences would you see if you compared the skulls of any of the australopithecines with Homo erectus and a modern Homo sapiens? What selective forces do you think can account for some of the differences found?
    - 5. Discuss the evolution of tool types from pebble chopper tools of the Lower Paleolithic to blade tools of the Upper Paleolithic. What hominids are associated with the various types and what kinds of adaptations do the tools imply?

# ESCAYO# 2 - HOMENIA DESCENTO-ATIMILI TEMPORAL

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# Intro to Physical Anth

#### 1 VOCABULARY

# 1.1 chapter 1

# 1.1.1 Anthropology

anthropos: man

logos: science or study of

#### 1.1.2 Holism

#### Holism

Viewing the whole in terms of an integrated system; cultural and ecological systems as wholes.

# 1.1.3 Archeology

#### Archeology

arche: beginning, ancient logos: science or study of

The study of material things (artifacts) of past human life and activities; reconstruction of culture of peoples no

longer in existence.

# 1.1.4 Culture

#### Cul ture

The set of rules, standards, and norms shared by members of a society: transmitted by learning, and responsible for the behavior of those members.

#### 1.1.5 Artifact

#### Artifact

artis: art fact: make

Any object made or modified by humans.

# 1.1.6 Biocultural

#### Biocultural

A combination of the biological, cultural, and ecological. An approach to the study of human evolution and behavior that

stresses the influence of each of these tree clusters and their reciprocating effects on one another.

#### 1.1.7 Primates

#### Pr imates

(pry'-mates; also pry-may'-tees) the order of mammals to which humans, apes, monkeys and prosimians belong.

#### 1.1.8 Human Variation

Human Variation

Physical differences among humans.

#### 1.1.9 Human Evolution

#### Human Evolution

Physical changes over time leading to anatomically modern human beings.

#### 1.1.10 Races

# Races

Breed or variety; subdividions of a species. Large divisions of humans, based on physical traits. As it applies to humans, the term is not favored by many anthropologists.

#### 1.1.11 Osteology

#### Osteology

osteon: bone the study of bones

#### 1.1.12 Prosimians

#### **Prosimians**

pro: before

simian: ape or monkey

Common form of Prosimii, a suborder of primates, composed of small primates such as lemurs and tarsiers.

#### 1.1.13 Forensic

#### Forensic

Pertaining to courts of law. In anthropology, the use of anthropology in questions of law.

# 1.1.14 Paleopathology

# Paleopathology

pathos: suffer

The study of ancient diseases.

# 1.1.15 Phylogeny

#### Phylogeny 1 and 1

(fy-loj'-en-ee)

phylon: tribe or race

The evolutionary history of a species; evolutionary relationships of organisms; a "family tree."

#### 1.1.16 Geochemistry

# Geochemistry

ge: earth

The study of the chemical composition of the earth's crust.

#### 1.1.17 Chronometric Dating

# Chronometric Dating

Dating by methods that give time in years, also known as absolute dating (compared with relative dating). It includes radiometric techniques (carbon 14 and potassium-argon) and dendrochronology (tree-ring dating).

# 1.1.18 Geology

#### Geology

The study of the history and structure of the earth, as recorded in rocks.

#### 1.1.19 Hominid

#### Hominid

The common term for Hominidae, the family to which humans belong.

#### 1.1.20 Agonistic

# Agonistic

Agones: ancient

Greek contests; therefore, amobative. Used by primatologists to describe aggressive, hostile, or threatening behavior.

# 1.1.21 Taphonomy

# Taphonomy

(taf-on'-o-mee)

taphe: grave or burial nomy: rules or laws of

# 1.1.22 Paleontology

# Paleontology

(pay'-lee-on-tol'-o-jee) onta: existing things

The study of ancient forms of lofe based on fossil bones.

# 1.1.23 Palynology

### Palynology

identifying ancient plants by examining pollen from archeological sites.

# 1.1.24 Hominidae

# Hominidae

The family, of the order Primates, to which human beings belong.

# 1.1.25 Australopithecines

#### Australopithecines

(os-tray-lo-pith'-e-seens) australo: southern pithecus: ape

The earliest hominids known; located in South and East Africa.

#### 1.1.26 Ecological Niche

#### Ecological Niche

(econiche)

The life style of an organism or species in relation to its habitat; the habitat of an organism or species that makes life possible; the feeding havits of an organism or species.

#### 1.1.27 Estrus

#### Estrus

(also oestrus)
oistros: sting, frenzy
Period of sexual heat of females mammals; receptive period.

#### 1.1.28 Bipedalism

# Bipedalism

(by-pee'-dal-ism)

bi: two

ped: feet

Walking on two feet as among hominids and some other animals.

# 1.1.29 Hypothesis

#### Hypothesis

Unproved theory. A theory is a statement with some confirmation.

### 1.1.30 Cosmology

# Cosmology

kosmos: world

The study of the creation of the universe and the laws that govern it.

#### 1.1.31 World View

#### World View

A literal translation from the German, Weltanschauung (Welt: world; anschauung: view).

A personal or group philosophy explaining history; a way of looking at the world.

#### 1.1.32 Empirical

# Empirical

(em-pir'-i-kal)

empirikos: experienced

Derived from or depending on experience or experiment.

#### 2 CHAPTER 1: INTRODUCTION

# 2.1 What is Anthropology?

Anthropology (Anth) is the study of human beings. As a scientific discipline, anthropology is concerned with all aspects of humankind: social behavior; language, attitudes, valures, personality, gov't, kinship, history, prehistory, art, illness, healing, religion, enconomics, technology, and clothing, to name just a few. Furthermore, anth is concerned with such biological aspects of humans as body build, pigmentation, blood types and other biochemical tratits, our ancestry and ancestors, and the evolutionary processes involved in our physical development. p. 3

Holistic science.

two broad categories: cultural and physical

cultural ---> sociocultural, archeology and linguistics archeology ---> artifacts

AS a focus of culture, the linguist would take the description and history of language. Ant linguistics is considered a part of cultural anth becasue language is such an integral part of culture. p. 3

Unlike anth-ists whos main concern is culture, the physical anthropologist (phy-anthist), in a comprehensive study of the Yurok, would collect data on all aspects of inherited physical characteristics, such as body build, blood types, pigmentation, ability to tolerate cold, an susceptibility to various diseases. The phy-anthist would also include notes on such cultural behavior as marrigae and kinship, population patterns, migrations, dietary practices, and other cultural behavior that may affect Yurok biology.

bio-cultural approach.

# 2.2 What is Physical Anthropology?

In order to understand the physical human being, we must of necessity consider the special way of life of this organism. Unlike all other creatures in the Animal Kingdom, we human beings have developed a strategy of adaption (obtaining food, producing the next generation, protecting the group against enemies and the elements, developing concepts of life's meaning) that is learned, not biologically inherited. Although other animals, especially mammals, may learn some things, most of their behaviour is built into their nervous system from birth. Primates are capable of much more learning, and the learning ability of the great apes is now well recognized; nevertheless, no other mammal is as dependent on learning as are humans. While possessing a biologically based capacity for culture, we humans must learn behavior anew every generation. p. 4

Culture, then, is the way humans discover, invent, and develop in order to surviv; that is to say, adapt to the environments in which they live. p. 5

What is the connection between these learned processes and our biological constitution? ---> In the biocultural veiw, culture and our biological structure are critically related. Had we not comee from primate beginnings, culture would never have developed, and had our ancestors not developed culture, we would not have evolved our present physical form. The two are inextricably related, and if we wish to learn something of phy anth, we must understand the role culture has played in the process of human evolution. p. 6

HLMAN VARIATION & HLMAN EVOLUTION . . .

HLMAN VARIATION

Human variation examines the differences within and between human populations (chapters 5-7). p. 7

As human biologists, phy-anthist in the field or lab collect such data as susceptibility and immunity to disease, the effects of malnutrition, and patterns of human growth. p. 7

While all human beings belong to the same genus and species (HOMO SAPIENS) and can interbreed and produce fertile offspring, there is a wide variation within the species. p. 7

As evolutionary biologists, anth-ists are interested in microevolution, small-scale biological modifications that can accumulate and make for large-scale evolutionary changes. Rapid change=Punctuated equilibrium. p. 7

### 2.3 What is PA - part 2

As comparative human geneticists, phy-anthists have studied variations among humans and, in the past, have classified the world's population into physical types called races, a practice seldom followed in recent years. p. 10

#### HUMAN EVOLUTION

Paleoanthropology (pa-anth) is the study of fossil remains of our ancestors. Phy-anthists, together with archeologists, geologists, and other scientists, have unearthed fossil remains in many parts of the world. With their kn of osteology, pa-anthists examine, measure, and reconstruct these remains, often from mere fragments. p. 10

Primatology, as the word suggests, is the study of nonhuman primates, the group (order is the technical term) of the Animal Kingdom to which humans, apes monkeys and prosimians belong. p. 10

observation/investigation: Jan Goodall - chimpanzees in East Africa; Dolhinow with langurs in India; Dian Fossy with gorillas in Rwanda; Birute' Galdikas with orangutans in Borneo; baboons in Africa and macaques at the Japanese Monkey Centers.

#### ACADEVIC ANTHROPOLOGY & APPLIED ANTHROPOLOGY

#### APPLIED ANTHROPOLOGY

Practitioners of Forensic anth may be asked to ascertain the age and sex of a corpse, and how long it has been buried; they may, in some cases, assist the coroner in determining the cause of death. p. 11

For many years, phy-anth has had application in the field of medicine. The relationship between body build and disease, and the question of whether a particualr disease is hereditary or social, have been among those instigated by phy-anthists. p. 11

skeletal biology --- osteologists.

As experts in the anatomical structure of these hard tissues, phy-anthists (here usually called osteologists) can, by using techniques similar to thoose of orensic anthropologists, often determine the sex and the age-at-death of the individual from which the specimen came. In addition, osteologists can, with the aid of specialized instruments, exactly measure hundreds of different dimensions regarding size and shape variation. Finally, osteologists carefully inspect the skeletal material for indications of such diseases as tuberculosis, healed fractures, arthritis, and rickets. This approach, called paleopathology, ca inform us not only about the history of human disease, but can also occasionally help elucidate the causes of certain diseases as well. p. 11

# 2.4 Paleoanthropology & Other Disciplines

Searching for ancient human remains - organic and cultural - the work of paleoanthropologist. Organic material = bones and teeth examined by phy-anthist; cultural material = tools, weapons, shelters examined by archeologists. p 11

Paleoanthropology closely associated with/dependent on other sciences:

working out PHYLOGENY (family tree) --> dating info needed -> geochemist for a chronometric dating of fossils or of the matrix containing the fossil material. If insufficient --> geologist analysis of rock strata.

actual excavation --> archeologists

Primatologists data on primate behavior provides analogous backdrop for paleoanths to construct model for hominid origins.

Information re: "the laws of burial" --> taphonomy (relationships between hominids and other animals, hunting practices, etc.)

Information re: ecological environment (things and plants) --> paleontologist and palynologist.

principles of evolution ---> geneticist

cultural setting of early hominids --- cultural anth.

Similarly, primate anatomy and behavior studies done by zoologist, physichologist, psychiatrists, medical scientists, linguists, and others have contributed to the physical anthropologist's exploration of human evolution.

#### 2.5 What is Human?

Human and hominid?

Hominid --> abbr./popular form of HOMINIDAE, the family to which humans belong (as opposed to Pongidae - the ape family). Term useful because it is unaffiliated with gender, time or superiority. Includes the genus AUSTRALOPITHECINES (earliest hominids known today) -- 4 mya. Also includes genus HOMO. Reluctant to call Australopithecines Human because did not possess eg., complex brain . . . p. 14

Concept "Human" difficult to clarify.

Biological view:

Difference quantitative between Humans and other animals- not possessing physical characteristics lacking in others or radically different but possess same attributes to a greater or lesser degree:

Larger size, less hair;

brain is not the largest in relative or absolute size, but it is very large according to the standards of both;

not only bipedal (birds are); but skeleton for upright posture - hands are free;

all above trait plus elaborated and coordinated under the control of a brain capable of abstract thought ---> remarkable physical uniqueness.

Behavior view:

Econiche: humans different by things lacking:

no mating season (estrus)

most animals build shelters/prepare food particular to their species - humans both behaviors learned --- only accomplished by the use of tools

Our social relationhsips are not only learned but also vary from society to society. Cultural anth-ists have routinely observed socieetal differences in marriage, residence, and kinship patterns, in attitudes toward the elderly and the young, and in behavior between the sexes. This behavior different from other animals --- less flexible. p. 15-16

Important difference ---> ability to communicate symbolically through the use of language. p. 16

What then is "human"? There may well ber as many definitions as there are human beings! We suggest that a sound explanation of the term be based on the two criteria previously mentioned: first, a body structured for standing upright and walking on two legs (bipedalism), thus leaving the arms free for funcitons other than locomotion; second, a complex brain that provides the abilities for abstract thought, symbolic communication, and the development of culture as a way of life. With this dual emphasis on biology and culture, our definition once again underlines the biocultural view of human evolution.

#### 2.6 The Scientific Approach

Phy-anth is a scientific discipline and a BIOLOGICAL SCIENCE. phy-anthists employ an empirical/scientific approach to understanding the universe.

"scientific"---> scientists do not seek to disprove religious doctrine -- but try to understand the universe through OBSERVATION. --> Generating HYPOIHESES to explain observations continually tested and modified. p. 16

Strict theologians . . . absolutist cosmology . . . p. 16

hypothesis - theories - laws --->

Because scientists must theorize does not mean that we cannot come to grips with the physical universe and the organisms within it. Scientifiic theories are only as good as their capacity to explain comprehensively natural and experimental observations, both those already gathered and those that may be made in the future. Some hypotheses, "theories," or "laws" are powerful explanatory principle, indeed: that the sun is the center of the solar system with the earth rotating around it; that our universe is not fixed but in constant motion; that heredity is trnamitted from one generation to the next by cells, not blood, to name a few. Organic evolution is also a theory; but like those just noted, it has tremendous oxplanatory value, and has been confirmed by millions of independent observations. p.17

# 2.7 Summary

Anth is thee study of human beings and their primate ancestors. It is a holistic science divided into two main branches: cultural and physical. Cultural anth is the study of what humans have learned to do in order to adapt to their environment; phy anth, the study of man as an animal, is mainly concernend with human variation and human evolution.

Specialized fields within phy-anth include comparative human genetics, growth and evelopment, paleoanthropology, human osteology, and

Summary

primatology. Some phy-anthists have specialized in applied anth, forensic anth, and human paleopathology. For assistance in their research phy-anthists wiork closeely with a variety of biological, social, and physical scientist.

Two terms of similar meaning--- hominid and human ---have been defined. "Hominid," the more inclusive term, embraces australopithecines, which the term "human" does not. Human includes those hominids who display the phenomenon of a complex brain capable of abstract thought, symbolic communication and culture.

Physical anthists, in order to understand the universe, employ an empirical/scientific approach, once based on observation and physical evidence. this method of understanding is opposed to religionist approach, which is based on faith. Since these are alternative ways of comprehending the universe, there is no necessary conflict between them. p. 18

# 3 CHAPTER 2: PRINCIPLES OF EVOLUTION

#### 3.1 Introduction

As a concept, evolution, during the Middle Ages, was not a view seriously considered by medieval philosophers. Scholarly interpretations of the Bible, especially Genesis, had given European philosophers a WELTANSCHALLNG (world view) in which change had no place. Evolution, therefore, is an idea that would not only have been considered heretical, but "common sense" of the era would have labeled it ridiculous. p. 25

Darwin --- theory of Natural Selection. ---> Looking at human evolution.

#### 3.2 Darwin's Life

Charles Darwin (1809-1882) son of Robert and Susannah Darwin, grandson of Dr. Erasmus Darwin. One of six children-- no specific interest-- Dr. Darwin sent him to study medicine at Edinburgh. 2 years out- not for him.

Christ's College, Cambridge (1828) to study for the ministry (age 19). Companion of Rev. John Stevens Henslow, professor of botany, and often joined his classes in their botanical excursions. Graduated (age 22) 1831. Country cleric?

Voyage of H.M.S. Beagle Dec. 27, 1831 --- uncle Josiah Wedgewood convinced Dr. Darwin and father (recommended for the trip as naturalist by Prof. Henslow). Begun trip as clergyman but hobbies of zoology, botany, and geology found true calling was natural science. matured from an amateur observer into a professional naturalist. p. 26

begun trip as a believer in the fixity of species. His observations quickly raised evolutionary suspicions in his mind. 1832, for eg., he noted in his diary that a snake with rudimentary hind limbs marked "the passage by which Nature joins the lizards to the snakes." He came across fossils of ancient giant animals that looked, except for size, very much like forms living in the smae vicinity, and wondered whether the fossils were ancestors of those forms. He observed that the Andean Mountain Range constituted a natural barrier to life and, as might be expected according to geologists, flora and fauna on opposite sides of the range differed. p. 26

Stopover at Galapagos Islands profoundly impressed Darwin -- caused Darwin to wonder whether the theory of fixity of species was a valid one after all. p. 26

Home October 2, 1836 - just shy of 5 year from the date he sailed. 1842 wrote short summary of views on natural selection, revised in 1844. Felt he had insufficient data to support views - continued to accumulate data.

1855 Alfred Russel Wallace published article on thee succession of the species - similar to Darwin's theory. Dilemma over getting credit and who discovered/devised the principle of natural selection first. Simultaneous reading both papers ---> July 1, 1858 at Linnaean Society (Darwin ill in bed and Wallace in the Far East.)

"On the Origin of Species" published 1859 --> defended by Thomas Huxley (Darwin's Bulldog).

3.3 Darwin's Theory of Evolution

"On the Origin of Species" (1859) Darwin explained:

- 1) All species are capable of producing offspring faster than the food supply increases.
- 2) All living things show variation; no two individuals of a species are exactly alike.
- 3) beause there are more individuals than can possibly surviv, there is a fierce struggle for existence and those with a favorable variation in size, strength, running ability, or whatever characteristics are necessary for survival, will possess an advantage over others.
- 4) these favorable variations are inherited and passed on to the next generation.
- 5) Over long periods od geologic time, these successful variations produce great difference that result in a new species. p. 30

"NATURAL SELECTION"

# Background to Natural Selection:

. . . .

Intellectual climate of Europe of the Middle Ages --Christianity; Ptolemy, 2nd century A.D. "earth was considered to be fixed at
the center of a universe of spheres that revolved with perfect regularity
around it. Organic and Inorganic world fixed - equally static. Earth had
been created on a progression from the simplest forms to the most
complex---humans (not evolutionary) ---> Great Scale of Being and the plan of
the entire universe was seen as the Grand Design, that is, God's Design.
Archbishop James Ussher (1581-1656) creation was 4004 B.C. p. 31

Views changed and challenged by Copernicus (1473-1543) Polish mathematicain and astrologer. "The Copernican Revolution is the supreme symbol of the passage from the medieval to the modern world, from an outlook which now seems like a fairyland to the matter-of-fact outlook of the present day." (Dingle, 1959, p. 18) p. 31

Copernicus may not have realized the far-reaching efects of his new celestial system, but scientists of the seventeenth century-Bacon (inductive method), Harvey (circulation of the blood), Galileo (experimental science, central position of the sun, gravity, etc.), Newton (laws of motion and gravity)---gave the intellectual thought of their era a definite naturalistic basis. p. 31

By the early decades of the 1700s, motion, not fixity, had become accepted for the physical universe, but most biological scientists held that change was unacceptable for living forms.

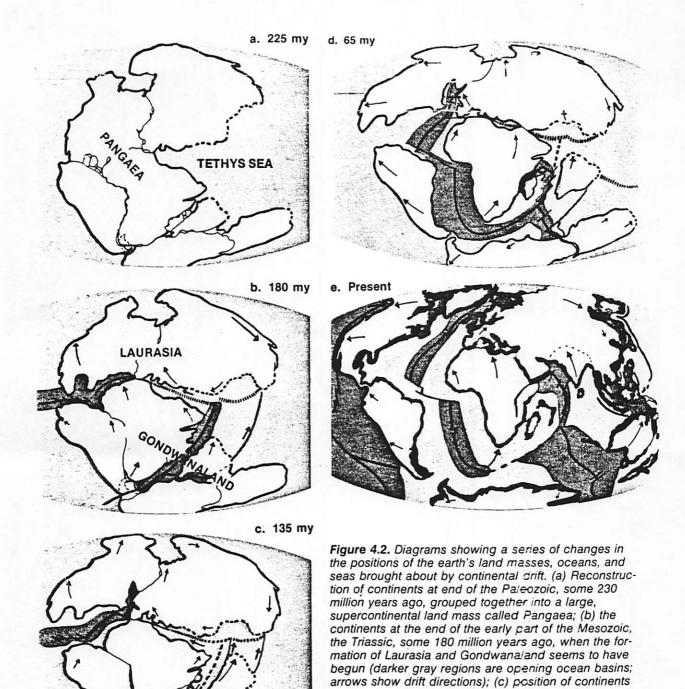
# 3.4 Darwin's Theory - part 2

Carolus Linnaeus ---> Systema Naturae (1835). Linnaeus' scheme was well received throughout Europe . . . He hit upon the simple but effective idea of assigning two Latin names to each organism. The first word would be the generic term---the genu---for the organism and the second word, the specific term---species. Thus, the two words together would become a unit internationally recognized as the name for that particular form. This system of binomial (or binominal) nomenclature was widely accepted, and is still used today. Example of fixity in Nature --- everything can be classified. p. 32

Opposed to static theory, Georges Louis Leclerc --- Count Buffon (1707-1788). Buffon believed neither in the perfection of nature nor in the idea that nature had purpose. He stressed again and again the importance of change in the universe, and he underlined the changing nature, or mutability, of species. p. 33

The contrast between the thinking of Linnaeus and that of Buffon reflects not merely the old and the new, but also the response of many scientists and clergymen to the publication of Darwin's "Origin."

# Darwin's Theory - part 2



at the end of the Jurassic, some 130 million years ago; (d) position of continents at the end of the Mesozoic

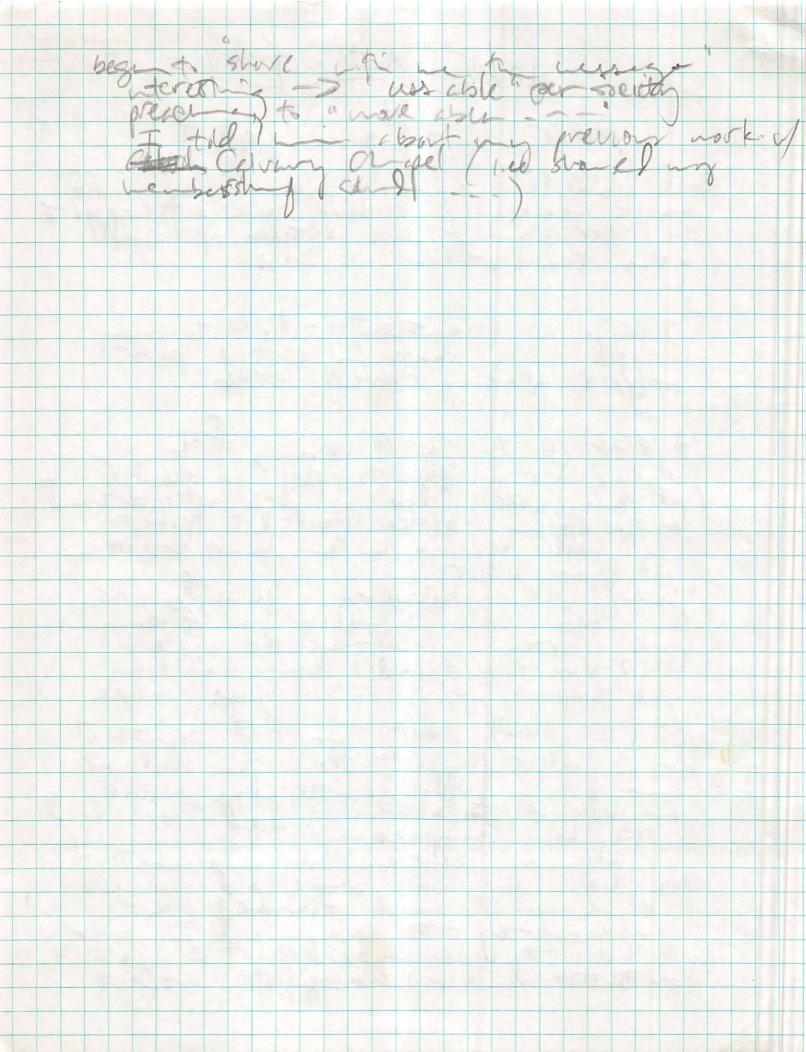
Cenozoic, some 65 million years ago; (e) position of the

and the beginning of the age of mammals, the

continents today.

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2. reproduction

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De person as have only one
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9/23 Oct 7! pring fen! Perin -Heredity & Pictors is don't know what DND > double helix; 4 bres ghosphals/ruger Il brit / America discoverer ( categories ( seological time) Privotes Class-hunds Twezozoic 70 mill 1 der- Mindes Order-Princis relative dimatic stubility before cenozoie FTL. N. Aurice consent of shellow see etc. their period 8" spid" change - he hising voter retructing -> 70 million years. -5 mill gen dinosain discopperrad - explosion I regalitari - multiplicity of different types & plants as land over ground frostrano (petore montenza) early cenozoie as/ robbit papolation. have next to the frees -> Arboted (Festyle. In beging of Africa Sahour > Cenozore Loodh 8/sevames:

life with trees we I tree chings I miss us ez., cotto o claus on opo up but not come down - shift any the class town of Pingers. Frais) provide good tractailes tire track) 
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Enger sisterini - se eleborste detterry plecenta: la ger/vove itense relationship totalle distal to nother - longer lifespri (Par chestina 512e) Prints tree Hominids Apes - Pongids prosimilais Lorcoeis tarsiers De Ruainia Principalisami tropical Taroleiro cet-51ze-Il it trees, noctional huge eyes bigger than their storaches "- can't nove eyes ut, sockets had states 180° - File digits 3 chars 2 nails - Vision bration center (weget scent ocher smaller) much uts verstrate-placenta; 11th 12 years; One birth again Built birth.

Lorvies (

Africa, Sazibir, Asia India

Arbored; noctored; hails on four highersteary from the to tree, sit gright; up in ground ext fronts resid that; lorse aroups (Ithethie) sleep together (6-8) high branches - heintain control of each other of some a (non- higher). Single births - Jestidion of 16 weeks; clift,

Pront only on madigascir (locene Epoch when hadisascer split for man le il - rak madino other premisto presonzi several species - prehensle hands flet 2-2 digit = clear; announto very social - lifetime group size deputet on Food single some woetherd some dogueted - 5 min gest two 17-20 weeks - single bith - depetent on wither - 10 weeks - single fundin

**E** 

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Aper & sterescopie color vision

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arkers - lout advice beigned stage (Aper...)

Cust pressure for jetitini predictors in New Lotte

New horterys -36 teeth 2I-1C-3P-3 molting advices

Old hard 32 is 2I-1C-2P-3 million advices

(III additional montage/Apere Homes)

Presensite till in friction creeses (finger protos)

All arborred - Active during the day - juite social

Howler høntenger groups inve kendes tome under - norm f souls - ment in ortholog sounds Spiller vorkeys...

Howard wests - thing insteads bear of hurse - Propher Carry til vert child come along - utel and Physical battles

No Killings and themselves.

Old how busheye Eurasia - pressure of heavy prediction - capitalin For food Cape I grod tope to Ishall I tape.

Noth limit - Dimilaris - Alapted to like ...

trees = put major part war live on the ground

2-1-2-3 teath Besons; Lacades; hardrills; honge bogs... shows traund - deplie Ischial callosities - thickened sitting war an the rumper - Carge 4ft. mandrily > 10011s. too levery for the trees - menotral cycles - single Births - nevse young up to 2 yrs; non-send white hursing young - highly alided red fener Morester care has been of nopes of suraival.

group duellers - votelizers ( only homens suf ( w/ hyrica) - hoot of cry the conatter of day -were grape tother we have through larest steep is large groups. Triboons breezests -> can produce little of sprong. Sixual Proporphion - Fendes smaller to males. ( why? perfect efficient use I food - to support you pay shows where dynarphoni - shaled the nost - live state the open - savannes - edges of the facesty (analogous to hominal) the trees is troops; now in troops - largest wells in the trant - though by Lary fender followed by other fender the (Some of mility); older fender/younger holes Surranger the post trap (sextrice)— call out i Danger — moh to the trees — by gujs i to front your veles send ris.

**(8)** 

esticient > burners fight mechanism used/ esticient > burners fight Affight = stress! v/o celease.

Adaptetion & particular environment tool = the group. - (01 dThA, Earn comments - 312 Floor Coan & class notes. - centier - People - study al evolution in process - Privates chaosones = 5 yndrones 1859-04616 OF THIS SPECIES - 1 assay 15% DD pts. Det 23,4004 BC 9:30 inttyple Water 3 cach ( - shortwsulr in Action Color Dinocular Vision - depth stereosceptic +2 4 types 2I-1C-3Ph-3m-ZI-10-2pm-3m old nott. hands - body bear - uteral temp. reg. -Debattor - very sicil - touling mantan weel Control. Close relationship Letheen noter & child (longer - relationally to total

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Amorson Frest high tie " statisfield statisfied environment in the tills.... ·· vs - betoom - the savanae. - hots & preditors. April 3 mjor kilo d'April geneus Thirty > Porgily - Hylobates - Sistems, Siananas
- Pongo - scart Lus
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(3)

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very shy - drit survive well in ceptivity.

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200 112 melos 80 (us feeded)

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whet is clong (only out to do so besorbe

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10-yrs meture

20-yrs intere

10-yrs intere

20-yrs interes

Gorilla 
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Uno-800 (bs. under arrapen 9ff.

1/2 Feweller.

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Juneally lett wan Cotuber- young do to du not observed serval activities. I don't sont sologniser wed" young satist rotting -1/2 die - util wortellity
subject to me diseaser etc. Garilla, Observers That ev Prail Fossery (LWBA) - toxued zoologist leaster of Gooding Controversy Printdozist - how does one de abstration I wo effecting group. Don'thin are toutherd by hum microach. Champfuzees yprethy the most utellight privarly a the grand edges if the Sevenul - her the forest - other nterest of bishows - aumigo Peyer tuno through peton SAVANNAM the chip group - appitute In west - dish its group of beloom (cg.) 5 rap whit return to trees to ext it - w/ suplecit chips below our outstratched preading the receiving from chip. - only example I privates (non-liminary)

sharing a weel - doesn't recognize delth-Carge conflex brains - as so 4 post trught sign agrage - complex but there are limited not quete triguege - no abstract juip-coeffad of the south of from extroment - draging it - of one it or a tool - beaf-springe; tay termite profe too use; recently - chaps killing things -Churchilized - 15 year for being first observed Sportalishing going crasy from all he observations. 425 ce bratie size APLA 1200 -1800 ce brunsize Humas 1 to 40 bainto body. -priviles don't really change environment - staped - not known to getter store floor Pord - no home toner (8table)
- illess: Out atrophy - , - Chips exts on the spot - no storage duty spect ting bold for food - get find or did
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concerction between strong zone of brainbordhate - cotive or boread printes ups formal-color det depth - at the expense of smell officiary from (Formal section) smaller.

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Bubons - small - for 11th - track -> about t predition > stradegy = larger 512e discourage preditions - but not able to rach tree tops - to the group greater week 2-4 squater total IAC) - Knowledge of greater area - men scleetion - men stimulation to brain. Cortex arch ( wessage were ) worensen uside of various Possellized Thulls

25-3090 - pusheduts orevious Ape

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up right stature - vicessary for brain expression

out design for speed of becometain 
- 1 mile -> 15 mph (if were to be clocked) form

cheetah -> 70 mph

artelope -> 60 mph.) I bly biperall

we of he had!

## COMPARATIVE GEOLOGIC TIME SCALE

Millions of warms	COMPARATIVE GEOLOGIC TIME SCALE					
Millions of years ago; approximate						
beginnings 2	ERA	EPOCH Pleistocene	DISTINCTIVE FEATURES Early humans; continental ice sheets			
		rieiscocene	tarry numans, continental ice sheets			
12	0	Pliocene	Large carnivores; early hominids; appearance of many of today's genera of mammals			
28	07	Miocene	First abundant grazing mammals; spread of grassy plains			
40	М S	Oligocene	Large running mammals			
60	U	Eocene	Many modern types of mammals			
70		Paleocene	Diversified, hoofed, archaic mammals			
100	ပ		First primates (?): climax of dinosaurs, followed by extinction			
150	102		First birds, first mammals, flowering plants; dinosaurs abundant			
200	E S 0		Dinosaurs abundant			
225	E		First dinosaurs; abundant cycads and conifers, turtles, etc.			
250	21		Extinction of many kinds of marine animals, incl. trilobites			
300	0 7		Great coal forests, conifers: first reptiles			
350	EO		Sharks and amphibians abundant			
400	4		First amphibians: fishes abundant			
450	0_		First land plants and animals			
500 Billions of years	2010		First fishes; invertebrates dominant			
ago	8					
2 3	PROTEROZ010		Earliest fossils			
4	Carlon .		Simple organic compounds			
5	AZOIC		Condensation of proto-Earth to Earth essentially complete			
			Condensation of solar cloud			
10			Formation of home galaxy: 1st and 2nd generation stars; supernovae scattering heavy elements into space, available as raw materials in new stars			
Adapted from Hammond, P.B. 1976; Hockett, C.F. 1973; Lasker, G.W. 1976; Kelso 1974						

ANT	HROPOLOGY 101 - INTRODUCTION TO BIOLOGICAL ANTHROPOLOGY - EXAM 1B
	SPRING 1986 . NAME: JOE BUSTILLUS GY
	SPRING 1986 NAME: DE DVS((CU))
T.	Select one best answer. Circle the letter on left of your choice. 3 points each
10	THE PROPERTY OF THE PROPERTY O
	1. Members of the Primate order possess:
	a. Claws on all digits except thumb
	b. binocular and color vision
	c. prehensile feet and hands
	d. a and b only
	e b and denly
	2. The first appearance of plants and animals able to live out of a watery surrounding
	occured early in Era.
	a. Cenozoic
	b. Mesozoic
	C. Paleozoic
	d. Protecrozoic
	e. none of the above .*.;
	3. The disappearance of the dinosaurs and the beginning of the paleocene Epoch occure
	approximately million years ago.
	a. 30
	b. 40
	c. 50
	d. 60 (a) 70 (b) 70 (c)
	4. Dominant form of life on land during the Paleozoic Era:
	a. Tribobites
	b. Cockroach
	c. Prosimians
	e. Protozoa
	G. Fround
	5. The technique of absolute dating, used to gauge the age of ancient trees:
	(a) dendrochronology
	b. stratigraphy
	c. sedimentation
	d. fossilization e. all of the above
	er dit of the move
	6. The radioactive substance most useful for dating substances associated with
	volcanic eruptions:
	a. Carbon 14
	(b.) Potassidn-Argon 40
	d. Iodine 121
	e. Chromium 56
	7. Humans, possessing internal skeletons, are members of the phylum.
	a. animalia
	(b) character
	d. anthropoidea
	de andreogetica

ANTHROPOLOGY 101 - Page 2 - Exam # 1B

8. In a cross between two pure-bred plants, where one is yellow(Dominant) and the other is green (recessive), the offspring of the first generation will be:

(a) 100% yellow

- b. 100% green c. 50% yellow and 50% green d. 75% Jellow and 25% green
- e. none of the above
- 9. The rungs of the DNA molecule are composed of:

a. uracil, histadine, tyrosine, glutamine

asparagine, cystine, glycine, methionine
 lysine, glycine, aptine, leucine

- (d) thymine, guanine, cytosine, adenine
- 10. Which of the following is least likely to be deted with Carbon 14 testing?

- a. a human relvis
  b. a wooden roof post from a Navajo shelter
  c. a copper bracelet from a burial site
  - d. a basket woven from flax and other grasses 💘
  - e. a trunk from an ancient redwood
- 11. Studies of baboon troops are of special interest to students of human evolution because:
  - a. The common ancestor of humans and apes probably had a bacon-like pelvis.
- b. Baboops, like humans, make tools out of stone and hunt for meat. (c) Babbons occupy living sites resembling those in which the ear; lest hominids evolved.
  - d. Baboons maintain close monagamous relationships throughout their lifetime.
- e. all of the above
- 12. Gregor Wendel's experiments proved that:

a. DNA is the substances of all living chromosomes.

(b) Inheritance is particu; ate; traits are independently assorted.

c. Natural selection is determined by environmental factors.

d. Garden peas inherit their distinctive traits through a blending process.

e. all of the above

13. Which is the least highly developed trend characteristic of the Brimate Order?

a. intense maternal care for infants

b. complex social behavior

- a highly developed sense of smell
  - d. acute binocular and color vision
- 14. The Prosimians include:

a. gorillas, chimpanzees, and orangutans

b. baboons macaques and mangabeys (c.) tarsiers, lemurs, and lorises

- d. marmosets, wooly monkeys and capuchins
- e. none of the above
- 15. "Fitness" in an evolutionary sense refers to:
  a. intellectual capacity
- b. reproductive success
  c. body size

  - d. strength, beauty and power
  - e. all of the above

## ANTHROPOLOGY 101 PAGE 3 EXAM \$18

II. Match column on left with best fitting word the letter of your choice clearly. Use the	or phrase on right. PRINT indicated space. 3 points each.					
V 1 Mammalia	-A. Double helix					
E 2. Archbishop Ussher	B. XYY -C. Amber					
	-D. "The Origin of Species"					
5. Klinefelter's syndrome	E- 23 October 4004 B.C.					
H . Downs' syndrome	-H- extra #21 chromosome					
DI 35 DOWN SYLVENING	I. extra group B, Number 5 chromosome					
O. S. Dental formula old world	T. '"Father of Genetics"  K. observer of chimpanzees					
/monkey, apes and hominids	L. observer of orangutans					
A 6, Watson and Crick	-M. observer of gorillas					
Andrewson I was a second and a second a second and a second a second and a second a	-N. stratigraphy					
D 7. Charles Darwin	O. 21-1C-3PM-3M					
No.	P. Opposum  —Q. 21-1C-2PM-3M					
10 8 William Smith	R. Cockroach					
M g. Diane Fossey	S. Potassium-Argon					
	T. Dendrochronology					
V 10 /"Hero of Evolution"	U. 21-2C-2PM-2M					
	-V. Studied Ice Ages W. Turquoise					
Cil Fossilized pitch or resin	W. Turquoise X. Dedicated La Brea (Tar Pits)					
J v2. Gregor Mendell	Y. Class to which Homo sapiens belong					
	2. Order to which Homo sapiens belong					
III. Short answer section, each question wo	rth possible 4 points					
1. List 4 characteristics that differentiate	living from non-living objects. (emochel)					
1. East a characteristics that details						
Living things matabalize (	consted energy), replicately					
41.	in the contract of the contrac					
I grow Experience growth perio	) & excelle un well water					
	Mart of medalolean					
All and the contract of the co						
	The second secon					
2. Differentiate between genotype and pheotype	e: gave at least one example.					
The genotype & is the gentic composition of an organism.						
The the construction of the deviction						
The phenotype is the approximate, visual characteristic of an						
or spirits in A raid sounder Dea is round phenotypically						
organism. A raid garden pen is round phenotypically but way possen a wrinkled garden pen zene senotypically						
but was possen a winkled	grown per gene send up pecken					
(0)						

fitting word or phrase on right. PRINT Ly. Use the indicated space. 3 points each.	is Match column on left with best in the letter of your choice clear
B: XXX B	1 Manegalia
The Princ Origin ( Process	2. Archbishop Ussher
- Cliss	_ 3. Klinefelter's syndrome
	4. Downs! syndrone
"apidened to testally ab-	5. Dental Seconda old world monkey, ages and hominide
L. objecter of orangulans	
- Stratigraphy O. 21-1C-38M-3M	6, Watson and Orick 7. Charles Danvin
P. Opposum — Qr 21—10—2FM-3M	" 8. William Smith
R. Cockroach S. Potassium-Argon	
T. Dandrochronology U. 21-2C-2PM-2M	V 10. "Rero of Evolution"
V. Studied Ice Ages W. Turquoise	11. Possilized pitch or resin
X. Dedicated La Brea (Tar Pits) Y. Class to which Homo sapiens belong	Tir. Gregor Mandell
8. Order to which Homo sapiens belong	
question worth possible 4 points	
Secentiate living from non-living objects.	
the standard have proved your	Har good in
Company of the state of the sta	The American Company of the Party of the Par
and phentype; give at least one example.	2. Differentiate between genotype
antick forms of a sequipment	
The same of the same of the same	and all interior Tolland
Proportionally there a north of	
alle side of the little	W WASHING IN THAT

- IV. Essay Select any ONE of the statements that follow to expand into an essay not a list. Use a PEN and the lined sheet of paper attached.

  Possible II points.
- Many techniques have been devised for the dating of fossil remains of ancient life as well as of non-living substances.
- 2. Numerous people have made important contributions to the understanding of the evolutionary process of life on this earth.
- 3. Parallels with human development can be observed in studies of non-human primates; however, the differences between the two groups are as significant as the similarities.
- 4. Knowledge of the geological time scale provides acomprehensive picture of the emergence of various forms of life preceding the advent of Homo sapiens. (Repeat - a list wilk not do.)
- 5. An understanding of the mechanisms of inheritance makes possible a fuller appreciation of the evolutionary process.

Fossil dating can use divided up into two major groups: Pelative dating & Chronometric Dating.

Felctive details newswer the use of an agrill when of the sty age relative to other objects found ithe same facinity. There was two methods used today by which this is accomplished. The first in to to necessary flowreness in the object of compare that reading with a flowrene, negative went of other agreets found in the same valently. While not giving one an actual date one can assess to the agreets age in relative to its surroundings. The second method is stratigraphy. The Vising this nothood a relative date in agreets are by companing the object with the strata or soil composition of which it was found. Both procuses are dependent upon the concept that of unformationary, that is that who tever procuses are taking place today, the described the self-ment is being deposited for example, were taking place at the approximate rate in the past (the concept also includes a provision for they types of processes taking place - valcanic action, erosion, etc.).

Chronometrie Doting is achieved by applying the principle of radioactive half-tife information. Morrows objects both living & no-living can be measured for radioactive elements. The nagor elements looked for we Carbon W, Uranion 238 ( Inhor things) & Potasium-Argon (used for valcanie naterial). Based upon the Stry at which the elements are find in (half-life) at after can be arrived at.

Could use some apparaise here.

Y Extra credit: t don't think I'm of the group from
the gibbons decembed. In shoulders
possess the kind of strength of flexibility
for successful brackycting — I'm
very good on the Junger-Sym.

#### INTRODUCTION TO ANTHROPOLOGY

- I. Kingdom Animalia (as differentiated from Plantae)
  - heterotrophic acquires food by eating other organisms;

2) definite and limited growth period;

3) mobility:

- 4) reproduces with little dependence upon environment.
- 1. Phylum Chordata (birds, reptiles, amphibians, fish, mammals)
  Ventrally located heart, closed blood system, notochord, dorsal
  nerve tube (tubular and terminating in an enlarged area brain),
  segmented body, digestive system, cartilaginous or bony skelton
  inside body, caudal appendage (tail), appearance of pharyngeal
  slits at some stage.
  - Bony or cartilaginous vertebral column, two pairs of jointed appendages, girdles to which appendages are attached, brain formed from three primary brain vesicles, endocrine system, separate sexes with paired gonads and ducts, endoskeleton, two-layered skin, excretory system, autonomic nervous system.
    - (1) Class Mammalia

      Body hair; nails, claws, or hoofs; warm blood and constant
      temperature; four-chambered heart; lungs; diaphragm; usually
      fetal membranes and placenta; non-nucleated red blood cells,
      different types of teeth; skin glands; sweat, sebaceous,
      scent, and tear.
      - (a) Order Primates (lemur, tarsiers, monkeys, apes, man)
        Nails rather than claws; completely enclosed bony orbit;
        dextrous, prehensile hands and feet (opposability of at
        least one first digit to remaining digits); orbits
        directed forward and encircled by bone; enlarged
        cerebral hemispheres of brain; one pair of mammary
        glands, well developed clavicles; brain with posterior
        lobe and calcarine fissure.

1. Sub-order - Anthropoidea

-a- Superfamily - Hominoidea

> Visial divelopment

- -i- Family Hominidae
  (other family Pongidae, anthropoid apes)
  118 families of mammals living today
  - (x) Genus Homo
    Upright posture, large brain-to-body ratio, speech.
    - (xx) Species Homo sapiens

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# Malaria: An Old Enemy Rises Again

By SCOTT KRAFT. Times Staff Writer

MOMBASA, Kenya-Tourists thrive on the white beaches of Africa's eastern coast, cooled by the breeze that sweeps off the Indian Ocean and sustained by a diet of giant prawns.

Mosquitoes thrive here as well. born in the marshy nooks and crannies inland, growing to matu-rity under a blanket of hot, muggy air and feasting on sleeping people.

Rosemary Henrich wanted to

protect herself from the malaria parasite carried by some of those mosquitoes during her four-day holiday at a luxury beach hotel here earlier this year. So she took chloroquine, long considered the world's primary anti-malarial

But a few weeks after Henrich returned to Nairobi, where she is a nurse at the U.S. Embassy, "I went to open a mayonnaise jar and my muscles hurt so bad I couldn't open it," she said. "My bones hurt." Fever followed. She had malaria.

#### Travel Agent Stricken

Zebun Akbarali, a Mombasa travel agent, came down with a severe case of malaria about the same time and was in bed for two weeks. Her doctors were surprised. Lifelong exposure to malaria, they thought, should have given her

In June, a doctor was called to the home of Barbara Allen, then the U.S. consul in Mombasa. She nad been ill with a fever for a week. She died of malaria a few weeks

Malaria is a perpetual problem for Africa. A 1951 study estimated hat 1 million African children die of malaria every year. Today, 35 years later, few experts believe

that figure has changed.

But now, visitors to Africa from the developed world, who have no natural immunity, are getting malaria more frequently—and more severely—than before. Strains of malaria able to outwit chloroquine have appeared in East Africa and are moving westward "like a brush fire right across the continent," said Dr. Wallace Peters, a professor at the London School of Hygiene and Tropical Medicine.

### New Research Effort

The renewed malaria threat has spawned a worldwide increase in funding for research. At least five major laboratories, including two in the United States, are trying to develop malaria vaccines using genetic engineering. Dozens of other laboratories, from Switzerland to China, are searching for new compounds to fight disease.

Drug-resistant malaria occurs mostly in rural parts-often jungle—of northern South America, Southeast Asia and East Africa.

Please see MALARIA, Page 32

#### Continued trom rage 1

'here is also some risk of malaria-but not the drug-resistant variety—in much of Central America, India, parts of China and west and central Africa. It has been estimated that 300 million people world-wide are afflicted with the ailment each year and that 2 million die from it.

Only a decade ago doctors were so confident of their ability to treat the disease that malaria specialists and even entomologists who studied mosquitoes became endangered

species.
"Chloroquine was so good. You could give it and if the patient was not better in 24 hours, you knew he didn't have malaria," Dr. Philip Rees, director of the African Medical and Research Foundation in Nairobi, said. "Now it could still be malaria, and in 24 hours it will be much worse.'

Rees and other doctors who treat the most severe cases of malaria now routinely use quinine, which is highly effective but 50 times more expensive than chloroquine, more toxic and more difficult to administer. Quinine is the oldest treatment for malaria, a treatment of last resort that has not been used regularly in most parts of the world since World War II.

About one visitor or non-African resident dies of malaria every month in East Africa, doctors here say. They stress that deaths among people with access to medical care are exceptions. And while drug resistance has made malaria more dangerous, it is still a treatable disease, they say.

"No one should die of malaria

## Mosquito nets may be most effective way to prevent malaria.

anymore," said Dr. Keith McAdam, of London's School of Tropical Medicine. "If it is spotted early enough, it can be treated. The trouble is that people come in late.'

A malaria parasite in the blood can multiply 28 times every two days. A patient can be comatose, with cerebral malaria, within a

You can go from a safe situation to a dangerous situation very quickly," Rees said. "It's when you sit at home and don't do anything that you get into trouble."

Falciparum malaria, which accounts for 90% of cases in Africa, is the most deadly variety and almost always leads to death if untreated. But the disease can be identified, in all but rare cases, by a relatively simple blood test.

Malaria has been around since prehistoric times. Scientists believe it may have originated in East Africa, the cradle of the human race. The Greek physician Hippocrates—in the 5th Century BC—was the first to describe the symptoms and complications of the disease.

Early doctors noticed that fever, the most common symptom, struck people living near foul-smelling swamps. So they blamed the air, and the disease became known in Italian as mal-aria, "bad air." Centuries later, in 1897, a British scientist, Ronald Ross, proved that the malaria parasite is carried by mosquitoes.

The disease is a blood parasite transmitted by female anopheles mosquitoes, whose long life span makes them uniquely qualified for the job. Adult female mosquitoes bite a human being every few days, only at night, and use protein from the blood for reproduction. (Male mosquitoes do not bite.)

The disease is spread when the mosquito draws blood from someone infected with the malaria parasite. While the organism does not seem to have ill effects on the mosquito, the insect becomes infectious 10 days after biting the victim. The infectious mosquito then transmits the parasites with its next bite.

The parasites grow and multiply in the red blood cells. A week or two after the infection, they burst out into the blood stream in large numbers and begin invading other red blood cells. That usually triggers a sudden fever in the victim, signaling the body's attempts to fight the invasion.

The most severe cases occur when clumps of these infested red blood cells begin to block the blood vessels of internal organs, for reasons not fully understood. When that happens in the brain-cerebral malaria-it often results in a coma.

Malaria deaths are commonly attributed to complications from the attack on the red blood cells and resulting damage to internal organs. A tropical-disease specialist explained it this way: "All the systems of the body just pack up and there is no more life."

Africans who live in endemic areas usually have a high degree of

immunity by the time they become adults. But nature exacts a high price for that immunity: Many children die. A child fortunate enough to avoid a fatal infection builds a protective shield against the parasites by the time he or she reaches adulthood.

About 60% of people in Kenya. for example, have high levels of malaria parasites in their blood. according to recent studies. Technically they have the ailment, but they do not feel ill. Nevertheless, their blood can infect mosquitoes and restart the cycle of malaria transmission.

Doctors have recently noticed a disturbing trend among these usually immune Africans, however. Growing numbers of them are getting severe and sometimes fatal attacks of malaria.
"When natural immunity is not

enough, that is a sign that the disease is changing its coat and getting worse," said a tropical-dis-ease specialist in Nairobi, who asked not to be identified by name for ethical reasons. "I see many more Africans with malaria today than I did three or four years ago.

The deaths of hundreds of thousands of African children from malaria every year for decades did not galvanize the world to action. Nor did the thousands of local deaths in the jungles of Thailand or Brazil. It took the death of Westerners, in increasing but still relatively small numbers, and the threat to formerly malaria-free areas of the world to resurrect the war against the ailment, many researchers say.

Diagnosing and treating malaria in rural Africa is difficult because there is not enough medicine and there are few laboratories. Frequent wars further hamper at-tempts to provide health care. When a child in an African village dies, no one knows the exact cause. Malaria, chronic diarrhea and malnutrition should not be fatal diseases, but in rural Africa they frequently are.

Africa's children may benefit from the increasing interest in malaria research, however, especially the efforts to find alternatives to expensive medications. Some doctors say, for example, that mosquito nets, used properly, would be the safest, most effective and most economical way to prevent malaria in rural areas.

Outside of Africa, Southeast Asia and Latin America, few physicians

see patients with malaria, and they rarely think of it when confronted with a patient who has symptoms that resemble the flu-fever, nausea, headache, chills and a general malaise. But in Britain, judges have ruled in recent court cases that a physician who has a patient with a high fever should consider the possibility of malaria.

Dr. Christopher Nevill, who heads the malaria unit of the African Medical Research Founda-

tion, thinks that the West should be more concerned about malaria.

The number of cases of imported malaria in Britain rose from 1,934 in 1984 to 2,212 last year. In the United States, about 1,000 cases of united States, about 1,000 and malaria are reported annually, and malaria are imported. Ten all of them are imported. Ten Americans died of malaria in 1984 and 12 died in 1985, according to the U.S. Centers for Disease Control in Atlanta.

The drug-resistant strains of

malaria in East Africa were first detected in 1978. By 1984, hospitals along the coast were receiving calls from distressed physicians puzzled over why chloroquine was not working as well as it once had. Malaria patients once treated suc-cessfully in a doctor's office were now requiring hospitalization.

Chloroquine was so widely and indiscriminately used for prevention and treatment that it simply began to lose its effectiveness

against a disease known for its ability to foil attempts to kill it,

experts say.

"It's really a very successful parasite," said Dr. David Warrell, parasite, said Dr. David Warrell, an Oxford University researcher who has studied cerebral malaria as director of the Wellcome Trust Research Laboratory in Bangkok, Thailand. "It constantly changes its characteristics, so the host's defenses are always one step behind."

Chloroquine-resistant strains are most prevalent on the east coast of Africa, along a 400-mile stretch from Lamu in Kenya to Dar es Salaam in Tanzania, and on the shores of Lake Victoria in western Kenya. About half of the malaria in eastern Kenya and 25% of it in the west is resistant to chloroquine, according to Dr. A. David Brandling-Bennett, an epidemiologist for the U.S. Centers for Disease Con-

"Chloroquine is by no means worthless, but it is no longer complete protection in East Africa, either," he said.

Kenya's president, Daniel T. Arap Moi, recently declared war on mosquitoes. Five Kenyans were jailed and given lashings for failing to combat the insects' breeding by not clearing brush and keeping their property clean.

Anopheles mosquitoes can breed in virtually any collection of water, including irrigation ditches, hoof prints, ponds and brackish swamps.

Malaria is rare in central Kenya, including the capital, Nairobi, because of its cool, dry climate. The region is more than 5,000 feet above sea level. But conditions are nearly perfect for mosquito breeding in coastal Mombasa.

Doctors disagree about the best combination of anti-malarial drugs to take and about whether to take preventive medication at all. But they agree that the best bet is to avoid being bitten. Because of the mosquito's nocturnal feeding habits, sleeping under a mosquito net provides a lot of protection.

Research into the causes and prevention of malaria has blown hot and cold throughout recent history. In the late 1800s and early 1900s research boomed, the result of the growing desire among the world's powers for commercial projects in the tropics. India, then a British colony, had a large malaria problem at the time. So did Panama, where the United States wanted to build a canal.

In 1957, the World Health Organization began a global malaria eradication program. The results were excellent in Europe and North America but less successful in tropical countries. The group scrapped the program 12 years

later, replacing it with a more realistic control program. The program of control, aided by pesticides and drugs such as chloroquine, worked so well that funding for malaria research dried up.

But now the field is active again. Attempts to create a malaria vaccine have generated considerable excitement. The scientist who develops a vaccine against the world's most widespread deadly disease seems a clear candidate for a Nobel Prize.

Scientists at Walter Reed Army Institute of Research in Washington developed a preliminary vac-cine but are reworking it after the results of initial trials were disap-

It will not be easy to outsmart the disease, scientists acknowledge. The malaria parasite has years of experience at putting up smoke screens to trick the body's immune system. Even Africans with natural immunity to Malaria must be reinfected every two years to maintain their protection.

The most optimistic experts say that a vaccine is probably years

away.
"But we don't know whether it can even be done," one researcher said. "The bug may simply outwit the vaccine.

during and following the long rains, Mombasa suffered its worst outbreak of malaria in many years. Pharmacies reported unusually high sales of chloroquine, in the liquid form used to treat patients in doctor's offices.

Patients with the more severe cases, usually resistant to chloroquine, ended up in the hospitals. One private hospital brought beds up from the basement and set them side by side, filling them all with

patients who had malaria.
"When you got a call of a patient entering the hospital with malaria, you couldn't wait until morning to see them," said one doctor who asked not to be identified by name. He and his partner handled 250 cases of malaria—longtime residents as well as tourists—during those five months, he says.

He said that only two of his patients died, but more than half came to the hospital on stretchers, many of them in comas.

"Things were so bad that we would admit a patient and not even take a chance on chloroquine at all," the doctor said. "We gave up on chloroquine."

The foreigners who became seriously ill with malaria, a longtime Mombasa physician said, either ignorant about prophylaxis [prevention], had half-baked or wrong advice on prophylaxis, were repeat visitors who became overconfident, had religious beliefs that kept them from seeking treatment or were free-lance tourists trying to save money by living in hovels and huts."

Barbara Allen, the former U.S. consul general in Mombasa, was especially conscientious about en-suring that her staff took anti-malaria tablets. That was why her friends were surprised to learn later that she had not been taking them herself, apparently because of her religious beliefs. She was a Christian Scientist.

Still, doctors here say that early treatment with quinine would have saved her life. She had been ill at home for seven days before relatives staying with her summoned medical help. The doctor found her drifting in and out of consciousness, a symptom of cerebral malaria. She was rushed to the hospital and treated, but she did not recover.

People who live in Africa collect all sorts of traditional wisdom about how to avoid the disease. Some say that malarial mosquitoes only bite between 4 a.m. and 5 a.m. The truth is that they bite at any time after dark but do so most frequently after midnight.

Some say that malarial mosqui-toes cannot survive at high altitudes or in cool weather. In fact, while malaria is most common in tropical climates, it has been transmitted at altitudes as high as 8,000 feet in Kenya and Bolivia, and even in the Arctic during the summer.

The dwindling effectiveness of chloroquine in East Africa has left doctors both here and abroad in a quandary about what to recommend for visitors. The official U.S. Embassy recommendation has changed three times in the past year. A doctor in Mombasa gave these guidelines for tourists-take anti-malaria medication, stay at hotels with good pest control and seek immediate treatment for any flu-like illness.